

# Video Two

## BLINDSPOTS

**This session introduces the theme of emotional intelligence and encourages students to reflect on their learning habits. By the end of this session, students will be encouraged to identify an aspect of their learning which needs attention in order to aid their progression and preparation.**

**Innerscope's definition of a blind spot is the following:**

A blind spot is something or someone which can be of valuable support to your development. However, the value of this prospect has been overlooked. I.E. They're in your blind spot. A blind spot can also be something or someone that is hindering you as a student and yet you have overlooked the impact this is having on your learning. I.E. A habit of getting sidetracked by others can be a blind spot.

**Coaching Questions & Conversations** (start the week discussing these):

- What is a common blind spot for students in your year group?
- What would you say is a blind spot for your learning, which you need to give more attention to?
- What can you do about it this this week?
- Discuss a blind spot that you have identified in the past and one thing you did to address it.

Take some time to suggest solutions to the challenges which have arisen out of this conversation.



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### Note: **Weekly Activities**

An essential element of problem solving is making a **DECISION** on a viable solution. Once you are clear on your next step, take action and then review the outcome of your actions.

### Midweek Challenge:

What impact has your identified blind spot had on your learning this week and what can you learn from this for the future?

### End of the Week Challenge:

Has there been a **WIN** in relation to your blind spot and how will you celebrate this?

Why not let us know how you got on this week? Drop us a line at [info@innerscope.co.uk](mailto:info@innerscope.co.uk)

